



SUMMER MENU

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Cream of tomato and soya mince with penne pasta	Chicken curry	Beef bolognese	Chicken and mushroom chasseur	MCS fish fingers, Breaded pollock
VEGETARIAN	Beetroot risotto	Red lentil and sweet potato dhal	Lentil and tomato ragu	Bean and vegetable chilli	Mixed vegetable frittata
SIDES	Broccoli	Basmati rice, steamed carrots, naan bread	Spaghetti, steamed broccoli	Roast potatoes, green beans	Chips, steamed peas, tartare sauce
JACKETS	Jacket Potato, baked beans, cheese				
DESSERT	Greek style yoghurt, Fruit platter	Dorset apple cake	Greek style yoghurt, Fruit platter	Greek style yoghurt, Fruit platter	Vanilla sponge cake
DAILY	Homemade bread, salad bar, crudites	Homemade bread, salad bar, crudites	Homemade bread, salad bar, crudites	Homemade bread, salad bar, crudites	Homemade bread, salad bar, crudites