

Newsletter, 11.10.2023

In recognition of 'World Mental Health Day' yesterday and the highly disturbing events that have featured in the news this week, we have created opportunities for you to get your questions answered. Our specialists are experts in children's mental health, adolescence and trauma.

October 15, 2023 - 16:00 BST

[Making Sense of Traumatic Events in the World](#)

Parents are invited to hear one of the nation's expert child psychiatrists, Dr Dennis Ougrin, on the theme of how to talk to and support children as they witness traumatic events.

[REGISTER NOW](#)

November 2, 2023 - 20:15 GMT

[Dr Kathy Weston & Dr Anna Conway Morris, Live Q&A with a Consultant Psychiatrist](#)

Got a burning question for a psychiatrist who specialises in adolescent mental health? Join us for this live chat, where parents can ask anything live or submit questions anonymously on the night.

[REGISTER NOW](#)

Interested in neurodiversity? We have fresh webinars in the library and live events coming up. In recognition of dyspraxia awareness week last week, we have added a new [webinar](#) to our platform. If you are interested in learning from the world's experts on ADHD, don't forget to register for our day-long, online [event](#) on the 10th November.

Take solace in art, poetry and music. With all its troubles and strife, it is still a beautiful world. Enjoy webinars on the pleasure of [art](#), read through our booklist on [poetry](#) or listen to our recent podcast on [music](#) and its impact on children and young people's development.

Don't forget to follow us on social media to stay up-to-date with all of our latest updates and resources. Find us on [Facebook](#), [Instagram](#), [Twitter](#), and [LinkedIn](#).





Live Q&A with a Consultant Psychiatrist



Making Sense of Traumatic Events in the World



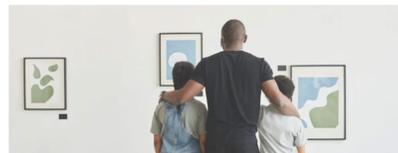
20 Poetry Books for All Ages



Music and Young People's Development



Understanding Developmental Coordination Disorder (Dyspraxia)



Paintings Every Family Should See

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