

LUNCH MENU

WEEK COMMENCING: 17.04, 08.05, 29.05, 17.06.



The FUTURE of
FOOD

MONDAY

Stir fry tofu and vegetables with noodles
(egg, wheat, soya, barley, sulphites)
Smokey aubergine & sweet potato tart
(egg, wheat, milk)
Peas & cauliflower
Yoghurt & fruits
(milk)

TUESDAY

Italian beef & kale lasagne
(milk, wheat, mustard)
Nut free pesto & chargrilled
vegetable bake
(egg, wheat, milk, mustard)
Garlic bread (wheat)
Green salad
Yoghurt & strawberry coulis
(milk)

WEDNESDAY

Cajun chicken burger
Chickpea & black bean burger
(wheat)
Brioche bun (egg, wheat milk)
Potato wedges
Savoy cabbage slaw (egg)
Coconut and strawberry cake
(egg, wheat, milk)

THURSDAY

Spicy beef meatballs with pasta
(wheat)
Tomato & pepper mascarpone
gnocchi
(wheat, milk)
Steamed carrots & green beans
Sticky ginger cake with custard
(egg, wheat, milk)

FRIDAY

Fish & chips with minted peas
(milk, fish, wheat, egg)
Courgette frittata
(milk, egg, wheat)
Chocolate cake
(milk, wheat, egg, soya)

EVERYDAY

Freshly sliced fruits
Crudites sticks
Salad bar
Homemade bread (wheat)
Jacket potato, baked beans
Yoghurt (milk)

Allergen Key: 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts, 6. Soya, 7. Sesame, 8. Lupin, 9. Shellfish, 10. Molluscs, 11. Egg, 12. Sulphite, 13. Celery, 14. Mustard

MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE