



GLENDOWER PREPARATORY SCHOOL TEAM SELECTION POLICY

The PE Department strives to ensure lessons and fixtures are enjoyable, inclusive, nurturing and competitive.

All girls should have the opportunity to compete against other schools, and those with a particular aptitude for an activity should be able to enhance their skills and compete at a high level within school competition.

The PE Department will base their selection for clubs and teams on a series of criteria, as stated below. This selection will be considered and monitored throughout the year and changes to squads/teams may be made at regular intervals. If a girl is not able to attend a club or squad for any reason, the teacher/coach **MUST** be informed in advance. Failure to inform the teacher more than three times per term may result in the child losing her place in the club/squad.

In exceptional circumstances, girls may be excused from certain clubs/squads if there is a **direct conflict** with external commitments of a similar high-level nature. These circumstances will be dealt with case by case, at the discretion of the PE teachers. We would expect girls to attend school training sessions as much as possible.

Swimming Selection:

Due to limited access to pool space, all extra-curricular swimming clubs will be attended by invitation only, based on the criteria below. Whilst we acknowledge that competition for places is high, numbers must be restricted for health and safety reasons.

Extra Swimming (Year 3-6):

This club will be open to a selection of girls who are showing potential in curriculum lessons. This potential could be shown in the form of timed laps, application and focus in lessons and response to feedback. All girls will continue to be monitored in lessons and should a girl show increased promise at any point in the year, they may be invited to Extra Swimming. Similarly, if a girl is invited to Extra Swimming, yet her attendance is not consistent, she risks losing her place to another girl. **NO** swimming place is guaranteed for the whole academic year, nor should any girl give up trying for a place at Extra Swimming if they do not have a place at the beginning of the year.

Parents must notify the PE department if their daughter is unable to attend a session.

If a girl fails to attend Extra Swimming for more than three sessions per term, she risks losing her place to another girl.

Swimming Squad (Year 4-6):

Swimming Squad is open to a small number of very strong swimmers who are most likely to represent Glendower in competitive swimming galas. The focus of these sessions is to prepare for girls for competitions.

Due to the higher physical demands of Swimming Squad, the expectation is that girls attend Swimming Squad AS WELL AS Extra Swimming. Special consideration may be given in cases where a student has a direct clash with another high-level swimming commitment. This will be reviewed by the PE Dept. on a case-by-case basis.

If a girl fails to attend Swimming Squad for more than three sessions per term, she risks losing her place to another girl.

A place in the Swimming Squad does not guarantee a selection for competitive galas.

Glendower Swimming Team – Gala Selection (Year 3-6):

To be considered for the Swimming Team competing in galas, girls are expected to attend Swimming Squad and Extra Swimming. Selection for the team is based on times, attendance at clubs and application in sessions. No place on the team is guaranteed, nor exclusive to one individual/team combination. Reserves are asked to attend, ALL galas. In local friendly galas, reserves will always swim in at least one race. However, in National and/or Regional competitions (eg: IAPS, LSSA, ESSA, London League), reserves will be asked to attend the gala but may not be called upon to swim.

At competitive point scoring galas, students will be allocated races which are best for the overall team performance. Final team selections for galas will be made by the teacher in charge of swimming, in consultation with the Head of Physical Education.

Parents are asked to return consent forms for galas PROMPTLY, to allow for reserves to be selected in plenty of time.

London School Swimming Association – Primary Individual Championships (LSSA)

This gala is an open age group event. There is only one age group for all events. Competitors must be aged at least 9 years and no more than 11 years on the date of the Final of the Championships.

Events consist of 25m, 50m & 100m individual races only (subject to change annually depending on the organisers). Selection is therefore based on top individual times. Priority will be given to the fastest swimmers, regardless of year level.

This is a point scoring gala, with results of races being combined to determine the overall champion school. Therefore, students will be placed in races which are best for the team's performance, rather than individual results.

English Schools Swimming Association (ESSA) - National Teams Swimming Championships (Primary Schools)

This gala is an open relay event where students from Year 5 & 6 compete together. Races consist of one front crawl relay and one medley relay, there are no individual events. Selection is therefore based on top individual times across both Year 5 & 6. Priority will be given to the fastest swimmers, regardless of age.

IAPS – National Swimming Championship

This national competition consists of both individual and relay events for U10 and U11 age groups. Only one swimmer can be entered for each individual stroke (FC, BA, BR & FLY) in each age group. One team of four swimmers will be selected for each relay (front crawl and medley) in each age group.

Selection for relay teams will be based on times over 25m.

Selection for individual events is based on times. This is not a team event, and swimmers will be allocated events where they have the best opportunity to qualify for the final. If a student has the fastest time across multiple strokes, they will be given priority when deciding which individual race to compete in, based on where they have the best opportunity to qualify.

Netball Selection:

Netball Club (Year 3-6):

All girls in Years 3-6 are invited to attend Monday Netball Club held throughout the year.

- Year 3 Netball Club - Spring & Summer Term
- Year 4 Netball Club - Autumn & Summer Terms
- Year 5 Netball Club – Autumn, Spring & Summer Terms
- Year 6 Netball Club - Autumn & Spring Terms

Parents must sign their daughters up for the club via the SchoolCloud. Places are given on a 'first come, first served' basis. Places are limited due to court space.

Netball Squad Year 4-6 (Year 4 in the Summer Term Only):

Girls who show potential/aptitude in Netball Club or in PE lessons will be invited to join the Netball Squad. It is expected that girls selected for the squad will participate in both Monday and Wednesday sessions. Special consideration may be given in cases where a student has a direct clash with another high-level sporting commitment. This will be reviewed by the PE Dept. on a case-by-case basis.

If a girl fails to attend Netball Squad for more than three sessions per term, she risks losing her place to another girl.

Places in squad are limited, with a maximum of 10 girls per year level being selected. However, at the discretion of the PE Dept. fewer girls may be selected.

Netball Squad selection will be reviewed termly. All girls will continue to be monitored in lessons and should a girl show increased promise at any point in the year, she may be invited to join the Netball Squad. No place is guaranteed for the whole academic year.

Netball Teams - Year 3-6:

All girls in Years 5 and 6 will be invited to participate in at least **two** competitive netball matches per year. All girls in Year 3 and 4 will be invited to compete in **one** netball match per year as they are introduced to the game.

Girls wishing to be selected for the A/B teams are expected to attend Netball Squad or Netball Club. Selection for teams is based on ability, attendance at club/squad and application in sessions. Selection for teams A-D will be based on attendance at clubs and performance in netball lessons.

This selection may be subject to change at any time, but girls will be informed of any changes prior to the event. No place on the team is guaranteed, nor exclusive to one individual/team combination. Reserves are asked to attend all matches. In local friendly games, reserves will always play in at least one quarter. However, in tournaments or regional competitions, reserves will be asked to attend the competition/match but may not be called upon to play.

Parents are asked to return consent forms for matches PROMPTLY, to allow reserves to be selected in plenty of time.

IAPS Netball – Year 6

IAPS Netball is the highest-level of competition we compete in, and it is what the girls work towards throughout their time in Netball Squad. Girls in Year 6 Netball Squad are in-line for selection for this tournament, however, being in Netball Squad does not guarantee selection. The number of girls selected to compete in the event will be at the discretion of the PE Department.

All IAPS events run in line with national governing body guidance. IAPS's U11 competition follows the 'Bee Netball' rules. This is a 5-a-side competition (No WA/WD). Players must rotate positions each half. There is a minimum of 7 and a maximum of 9 players per squad.

Football Selection:

Football Team (Year 4-6):

The Glendower PE Dept. are determined to get more girls playing football. However, as girls' football at the Prep School level is still developing, fixtures are sporadic.

Girls who show a keen interest in football may be invited to participate in a competitive football match. We will do our best to ensure all girls who are keen get to play at least one match, however, this will depend on the number of fixtures available and can't be guaranteed.

In Year 6, girls play football in their PE lessons. Girls who are showing promise in lessons will be invited to participate in the U11 Glendower Football Tournament in the Spring Term.

Cricket Selection:

Cricket Club (Year 5-6):

All girls in Years 5 and 6 are invited to attend an afterschool Cricket Club in the Summer Term. All girls are welcome to join this club, but parents must sign girl up via the SchoolCloud. Places are given on a 'first come, first served' basis.

Cricket Team (Year 4-6):

All girls who attend the Cricket Club in Years 5 and 6 will be invited to participate in at least **one** competitive match in the Summer Term. Girls will play the 'Kwik Cricket' format.

Selection for competitive matches will be based on ability, attendance at club and application in sessions.

In Years 4, girls who are showing promise in PE lessons, will be invited to play in at least one competitive cricket match. Due to the limited number of fixtures possible in the summer term, not all girls will be invited to play in a competitive match.

Parents are asked to return consent forms for matches PROMPTLY, to allow reserves to be selected in plenty of time.

Selection of Sports Captains:

Years 4 and 5:

Captains are rotated on a match-by-match basis to allow for as many girls as possible to experience Leadership in a competitive situation.

Year 6:

Captains will be selected for Netball and Swimming at the start of Year 6.

Selection of Year 6 Captains will take into consideration commitment to clubs, sportsmanship, enthusiasm and behaviour on and off the sports field. Priority will most likely be given to girls who attend all clubs and squads.

In exceptional circumstances, and in light of outstanding sporting ability, we may choose to appoint an overall Sports Captain in addition to the posts named above. The appointment of captains will be made by the PE Department, in consultation with the Senior Leadership Team.

The PE Department will endeavour to make selection for clubs, squads and teams as transparent as possible. All decisions are made with the best interest of the girls at heart, along with the sporting integrity of Glendower Preparatory School.

Thank you for your support of Physical Education at Glendower Preparatory School.