

LUNCH MENU

The FUTURE of
FOOD

WEEK COMMENCING: ONE

MONDAY

PEA, PESTO AND COURGETTE PASTA (1,3,11, V)
SPINACH AND MUSHROOM RISOTTO (1,3, V)
STEAMED CAULIFLOWER
FRESH FRUIT SALAD
YOGHURT (1)

TUESDAY

CHICKEN SAUSAGES AND MASH POTATO (1, 3, 12, 13)
TOMATO AND CHEESE PIZZA (1, 3, V)
ONION GRAVY (V)
STEAMED SWEETCORN
BANANA CAKE (1, 3, 11)

WEDNESDAY

CHICKEN AND LENTIL CURRY (12,14)
MIXED VEGETABLE AND TOFU CURRY (6, V)
BASMATI RICE
GREEN BEANS (3,6,12)
APPLE CRUMBLE WITH CUSTARD (1, 3,)

THURSDAY

MEAT BALLS IN RICH TOMATO AND BASIL SAUCE
PENNE PASTA (3)
VEGETABLE AND CHICKPEA CASSEROLE (13,14)
TOMATO AND CUCUMBER SALAD
FFRUIT SALAD WITH YOGHURT (1)

FRIDAY

JACKET POTATO GRATED CHEESE (1)
TUNA MAYONNAISE (2,11)
RAINBOW COLESLAW (12)
BAKED BEANS
LEMON CAKE (1, 3, 11)

EVERYDAY

JACKET POTATOES, YOGHURT, FRESHLY SLICED FRUITS, SLICED BREAD, GRATED CHEESE.S
CHILDREN WITH ALLERGIES OR INTOLERANCE, WHERE POSSIBLE, ARE GIVEN AN ALLERGEN FREE VERSION OF THE DISHES.

Allergen Key: 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts, 6. Soya, 7. Sesame, 8. Lupin, 9. Shellfish, 10. Molluscs, 11. Egg, 12. Sulphite, 13. Celery, 14. Mustard

MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE